Stirling Bike Club Anti-bullying Policy & Guidance

What is bullying?
Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

Why is it important to respond to bullying?
This can lead to people not enjoying their cycling experience and subsequently leaving the sport. Bullying will not be tolerated in the club environment.

What will SBC do about bullying?
Bullying behaviour to be dealt with in a similar manner to the below:-

- Discuss the potential courses of action with the young person or vulnerable adult
- Report bullying incidents to the Club Welfare Officer or a member of the committee
- In cases of serious bullying, the incidents will be referred to the British Cycling SLO for advice. The individual should be made aware of this course of action.
- Where appropriate parents/carers should be informed and asked to attend a meeting to discuss the problem with the rider present
- Where appropriate and the bullied rider consents, police may be consulted
- The bullying behaviour must be investigated and the bullying stopped quickly
- An attempt will be made to help the bully (bullies) change their behaviour
- If mediation fails and the bullying is seen to continue the club will initiate disciplinary action under the club constitution, or where appropriate under British Cycling's Disciplinary Procedures.
- Cases of bullying should be resolved with the utmost speed to avoid further distress to the victim.
- All committee members, coaches, riders and parents should have an understanding of what bullying is and what they should do if bullying arises.
- All committee members and coaches should know what the club policy is on bullying, and follow it when bullying is reported.
- Clubs should take bullying seriously. Riders and parents should be assured that they would be supported when bullying is reported.
- Bullying will not be tolerated.

Remember: Vulnerable Adults have a right to self determination and must consent to any actions you take.